



FCCLA Speaks!

2012 Idaho Fall Newsletter

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JSL LEGACY 2013





Outreach Projects

Kayla Blaisdell, State VP of Outreach

As the year starts up again and you think about what projects you want to do, don't forget about all the National Outreach Projects! So far two projects partners have been identified and one is not currently decided. The level-one Outreach project is Share our Strength, and the level-two project is March of Dimes. These are both great projects that are so easy to get involved in. With these being our Outreach projects of the year, it is our job as FCCLA members to promote, and help make these organizations' goals a success.



Let's start out with **SHARE OUR STRENGTH**. This organization's main focus is ending a huge problem in our communities - childhood hunger. They are doing this by raising money to fund programs that help children get the required meals each day. Can you believe that more than 16 million children struggle with hunger? I know it's a big number, but with our help we can reduce this significantly!

If you go to www.NoKidHungry2.org/fccla, you can find many resources to get started! You can do fundraisers like selling wristbands, having a bake sale, etc. Plus, don't forget the incentives for raising the money in your chapter and recognitions for the chapter and state that raises the most money! The state that raises the most money can win \$1000 dollars towards FCCLA expenses! Let's make it happen, Idaho FCCLA!



MARCH OF DIMES knows how important it is for babies to be full term. So many benefits come with being a full term baby. Now think about the premature babies with complications, being in the hospital, and having life-threatening surgeries.

That is why FCCLA is helping raise awareness of prematurity and to raise the funds for the equipment needed for these fragile babies. I got the pleasure of visiting an NICU (Neonatal Intensive Care Unit), and meeting babies struggling, all why getting educated and donating blankets. There are so many things that you can do, like coin drives or an annual walk on National Prematurity Day on November 17th. Even a little awareness day helps! So, as November creeps up on us remember these tiny little babies! They appreciate every little donation.

Overall, these Outreach projects are amazing experiences and great community service projects! Start planning now and contact me about what you are doing, or if you have questions! Who knows what could happen, maybe you will be showcased somewhere!

My email is kayla8kiwi@cableone.net . I can't wait to hear from all of you!

National Leadership Conference: The Adventure Begins

Alex Nuñez, State Secretary

Sights, Friends and Leadership! This is what the Idaho FCCLA members received from attending the FCCLA National Leadership Conference in July. This year the NLC was held in the sunny city of Orlando, Florida home to some of the country's most famous tourist attractions. Some of the Idaho attendees, like myself, attended the NLC for the very first time, to compete or to be voting delegates. Nevertheless, the sights, friends, and leadership were the three elements that made the 2012 NLC so memorable.

Since the moment we stepped off the plane and onto Orlando soil, shock and awe were on the faces of all those who were attending this city for the first time because of the beauty that it held. From the palm trees to the magnificent sunsets to the landmarks, Idahoans could not get enough of the sights to last them a life time and while most of the participants showed their dedication and professionalism in their preparation for this conference, it was hard to hide the excitement they all had to visit the amusement parks that Orlando had to offer. The two most popular were Disney World and Universal Studios' Island of Adventure. Here, the members of FCCLA spent free time enjoying ourselves by buying hand crafted wands from Harry Potter World to riding the roller coasters in Disney World. I think that it is safe to say that all Idaho members enjoyed themselves in one way or another.

CONNECTIONS. This is the one word that I would use to describe the acquaintances and friends that participants made along their journey at the NLC. Whether these relationships were created because of the luck of sitting next to each other in workshops or through the interstate pin trading, they started connections that the FCCLA members would have for the

rest of their lives. These ties were formed because we all had one thing in common: a passion for the Families, Career, and Community Leaders of America organization. Through this conference, I was able to befriend not only members from the state of Idaho, but from Alaska all the way to Puerto Rico. I am glad and honored to have met these other members because, not only did they give me insights into how FCCLA works in other states, but they gave me tools that I can use through my time as an Idaho State Officer.

This year's theme was **REALITY CHECK**. This theme was created to show the national delegation how importance the different social networks are in how we deliver information, unite our members, and how it has become part of everyday life. Personally, I thought the National Officers and staff did a phenomenal job at delivering this message through an assortment of skits, workshops and guest speakers.

As always, leadership was incorporated throughout the Conference and reiterated the value it has on our organization. With leadership we are able to voice what this student led organization is all about. Leadership is a very important element that each member has within their arsenal, even if they do not realize it. We all have the light of leadership within ourselves as members, but it is up to each of us how much we let that light shine, and to use that light to **spark** the light of leadership in others.

So on a closing note, I encourage each and every Idaho FCCLA member to strive to attend the 2013 National Leadership Conference in Nashville, Tennessee!

National FCCLA and AT&T partner for IT CAN WAIT Campaign



Hi, Idaho Members! This year National FCCLA has partnered with AT&T to promote the dangers of texting while driving to teens all across the country. I have had the amazing opportunity of serving on the National Youth Panel for this great campaign.

Texting while driving is dangerous. FCCLA stands with AT&T as they expand their It Can Wait campaign to remind all drivers, particularly young people, that no text message is worth the damages it can cause.

We recommend that teenagers and their parents take a pledge to drive safely and put the phone away while driving. By working as a family, we can spread the word about the risks of texting and driving.

6,000 teens a year are dying from texting and driving crashes, a horrible and 100% preventable practice. Join me and thousands of FCCLA members across the country to end this dangerous practice.

We have come up with three goals for FCCLA for this coming year:

1. Reach at least one million people with the IT CAN WAIT message.
2. Increase the number of It Can Wait pledges by 125,000 by July 2013.
3. Conduct pre- and post-surveys with 7,500 students across the country to measure changes in knowledge and behavior.

There are many exciting opportunities for FCCLA chapters & individuals to showcase how they are going to stop this dangerous practice. You can win up to \$1,000 for your chapter through our FCCLA Contest. Check out the It Can Wait page on the national website, www.fcclainc.org, for more information!

In FCCLA spirit,

Joshua Vincent
District III Director

FCCLA National Programs

Hannah Bryson, VP National Programs

This year at the state level, we are spotlighting several national programs:



Student Body focuses on eating right, being fit and making healthy choices.



FACTS is another one of the national programs, which stands for **Families Acting for Community Traffic Safety** is all about safe driving.



STOP the Violence, which stands for **Students Taking On Prevention**, focuses on teaching teens how to recognize, report and reduce youth violence.



And lastly, **Career Connections** helps teens discover their strengths, target career goals, and initiate a plan for achieving the lifestyle they desire.

Running for Office

Chantell Lowe, State President

Do you want to be more involved in Idaho FCCLA? I know a way you can accomplish that goal, run for Idaho FCCLA State office! Being an FCCLA State Officer is a lifetime experience. The people you meet, the places you go and the impact you can make is phenomenal! So, now that I have your attention, you're probably wondering how you can sign up. It's super easy!

Every year the State Office sends out an Idaho FCCLA State Leadership Conference Packet. In that packet, there is a checklist that you can get ahold of. On that checklist, it says you need three forms, (they can be found in the packet, usually right after the checklist) a cover letter stating why you want to run for office, a letter of recommendation from your school administrator, your transcripts, a copy of your affiliation roster, and a picture of yourself. The first form you need to fill out is your personal information and involvement in FCCLA. It also

has an agreement your parents need to sign. That agreement states your parents support you in your state office if elected. The next form is a state officer code of conduct. It lists all the rules and regulations that are required for your following year. The last form is an adviser form. Your adviser needs to fill it out in order for you to be eligible for office. After all your forms are filled out, you can mail everything in to the state office. Make sure you use your checklist to mark off what you have done and don't forget to have everything postmarked by April 1.

Running for office was the best thing I ever did. It has been the experience of a lifetime. I have made so many friends and made such an impact on Idaho FCCLA. I have been a state officer for three years, and I have loved every second of it. I encourage everyone to run for office. It's truly an amazing experience and it can impact your life in the best way.

Dress for Success

Royce Grassl, District 2 Director

Some people always ask, "Is dressing for an interview very important?" Most bosses would most likely say, "Yes!" Interviewers will remember you from the way that you dressed.

We as FCCLA officers always dress for success. The FCCLA attire for men is always black shoes, black slacks, a white button up shirt, a red and navel tie, and, to top it off, a red blazer with an FCCLA emblem. The FCCLA attire for women is modest heel, black nylon tights, a black pencil skirt (without any slits), a white shirt, red and navel ascot, and to top it off, a fitted red blazer. This look is very professional from head to toe. It is what we, the FCCLA Officers, call "The Red Jacket Swag!"

2012-2013 STATE OFFICER TEAM



When people are dressed professionally they will be taken seriously. Statistics show that more than 75% of people that dress appropriately will get a job and will be very successful. Think of it this way: people that wear jeans and a T shirt to a job interview hire a lawyer, they probably won't be getting hired. If the person who was dressed in jeans and a T shirt wore that for a farming job interview, then they might get the job. The trick for dressing for success is to dress the part.



What is FCCLA?

Kesia Cissé, District 1 Director

When people get asked what FCCLA is, the answer is usually, "an organization that focuses on the family." This is one hundred percent accurate. But FCCLA is so much more. In the short year I have been with FCCLA I have learned and experienced so much more than I expected. FCCLA not only works to better the community and families, it also greatly better its members. FCCLA builds homes for America's future as well as the character of its members.

We become better by giving to others. A quote that is significant to me, although I cannot remember where I saw it or even who said it is: "No one has ever become poor by giving." In my own experience nothing feels better than giving service to others. This is what FCCLA does. As FCCLA members, we are "others" centered. We think of those around us and not ourselves.

So the next time someone asks you, "What is FCCLA?" Let them know that they could never understand unless they became a part of it.

Public Relations

Heidi Hannah, VP of Public Relations

As the Vice President of Public Relations, I am responsible for taking all of the pictures for Idaho FCCLA. Since I had to take pictures at Joint Student Leadership Conference and Executive Council, I was able to make friends with the other officers. Another responsibility I have as Public Relations is to spread the excitement of FCCLA to everyone so they know what is going on, which is why I put together this newsletter. I love my position. Working with media is very easy for me so it fits me well. As the year goes on I intend to promote FCCLA more in my chapter and hopefully in Idaho.



Family, Career, and Community Leaders of America has been an amazing experience for me and I have learned so much. I am excited to grow more leadership experience and to learn more about FCCLA.

